



LUNCH ORDER MENU 2021



Supplier - Munchies on Aphrasia; 46 Aphrasia St Newtown (03) 5221 7859
Please label a paper bag clearly with the child's name and class. **Correct money.**

Lunch order days are Wednesday & Fridays

(Green – Everyday category) (Amber – Select Carefully) (Red – Occasionally category)

SANDWICHES

White or Grain		S'wich	Roll
	Vegemite (Amber)	1.60	2.10
	Cheese (Amber)	1.90	2.20
	Meat*	2.90	3.40
	Salad Only*	2.90	3.40
	Meat & Salad*	3.90	4.30
	(Cheese and Beetroot extra)	0.30	
	Egg & Lettuce (Green)	2.90	3.40
Wraps	Meat & Salad*	3.60	
	Chicken Tender & Salad (Red)	3.90	

*Meat available- Ham (Amber), Salami (Red), Roast Beef (Green), Chicken Breast (Green)

*Salad available- Tomato, Cucumber, Carrot, Lettuce (Green)

SALAD TUB

	Tomato, cucumber, carrot, lettuce (Green)	2.80
	*Add Ham(Amber),roast chicken(Green),egg(Green)	3.80

FRUIT

Fresh fruit (Banana, orange, apple) (Green) 1.00

HOT FOOD

	Sausage Roll (Red)	3.00
	Pie (Red)	3.30
	Party Pie (Red)	1.20
	Steamed Dim Sim (Red)	0.80
	Hot Dog in Roll (Red)	2.40
	Chicken Tender (Red)	2.00
	(Tomato or Soy sauce)	0.20
	Chicken Schnitzel Roll (Red)	4.50
	w/ Lettuce, cheese, mayo	
	Cheese Burger (Red)	4.80
	Ravioli Bolognese (Green)	4.00
	Chips & Gravy (Red)	4.00
	Falafel(Red)w/Hummus,tabouli,lettuce(Green)	4.00
	Rice w/vegetables * (Amber)	3.80
	Stir-fry Noodle w/vegetables * (Green)	4.50
	*Vegetarian Option add chicken (Green)	0.40

CAKES

	Banana Bread (Red)	2.50
	Muffins (Blueberry, apple, cinnamon) (Red)	2.50